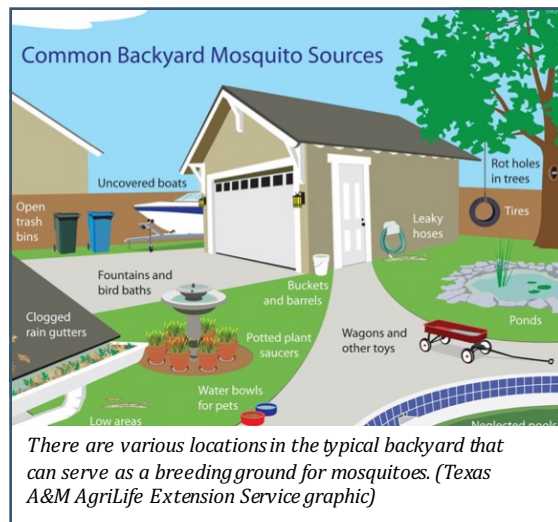


Destroy mosquito breeding sites around your home every 2-7 days

- **Check for and collect trash** in the yard, especially cans, plastic bins and old tires that hold water.
- **Replace or drain water** in plant saucers, bird baths and water features.
- **Ensure rain gutters are draining**
- **Remove standing water.**
- **Check that chlorine content** of pools and hot tubs is at upper limit of normal.
- **Spray residual insecticide** in and around screen doors and entranceways (where mosquitoes loiter).



- **Change water** in pet dishes.
- **Change water in wading pools.**
- **Check that trash containers are covered;** consider insecticide spray for wet trash between pickup.
- **Reduce lawn sprinkler** use so water soaks into ground and does not stand for over 1 day.
- **Place fine mesh screen covers** over water tanks, gutter rain barrels and other outdoor water storage.

The Zika Foundation

About Us

The mission of The Zika Foundation is to advance and rapidly deploy low-cost and sustainable interventions that halt the spread of Zika worldwide. The Zika Foundation solicits donations, funds in-country operations and manages educational activities and technology solutions for Zika prevention, mosquito control and medical interventions.

The Zika Foundation is a nonprofit 501(c)3 organization. For more information about the foundation or how to prevent the spread of Zika, please visit our website.

Contact Us

Phone: 844-End-Zika
Email: info@zikafoundation.org
Web: zikafoundation.org

To Donate

By Check: The Zika Foundation
P.O Box 2426
Aspen, CO 81612

Online: zikafoundation.org/donate

THE ZIKA FOUNDATION

404 Jane Street, Suite 100
College Station, TX 77845

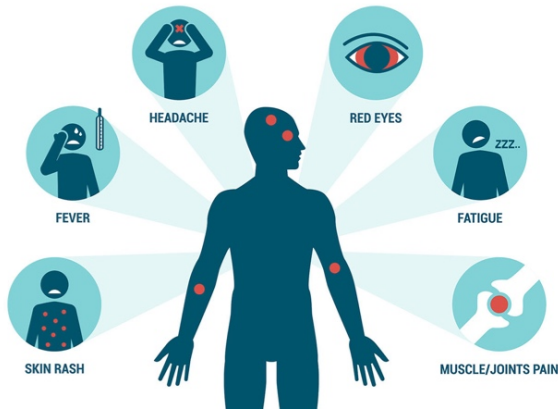


**Black and White
Avoid the Bite!**

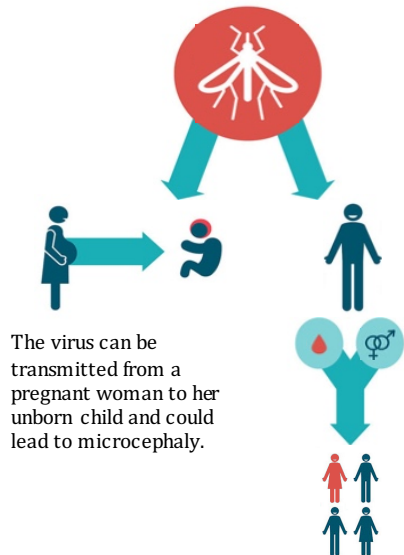


*Promoting Zika-free
communities worldwide*

What is Zika?



The virus spreads through mosquito bites
(*Aedes Aegypti*, *Aedes Albopictus* & *Culex sp.*)



About 1 in 4 people infected gets sick.

The virus can be transmitted through blood. For other means of transmission, visit our website.

Best Repellents

Sawyer Picaridin and Natrapel 8 hours followed by Deep Woods Off. See approved repellents at zikafoundation.org for more information and guidance.

How to apply repellent

Step 1



First wash skin and hair

Step 4



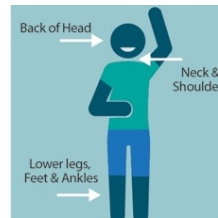
For your face, 1st spray repellent on your hands and then apply

Step 2



Apply sunscreen before repellent

Step 5



Watch for body areas where the mosquito prefers to bite

Step 3



Guardians should apply repellent to children under age 12

Step 6

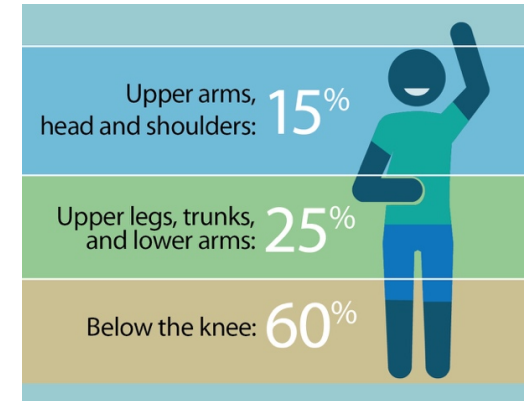


Always wash hands after using repellent

To avoid mosquito bites, don't:

- ✖ Wear dark clothes
- ✖ Wear clothes with flowers
- ✖ Use soap that smells like flowers
- ✖ Use perfume
- ✖ Wear shorts & short sleeves
- ✖ Walk outside with bare feet

Where mosquitoes prefer to bite



To prevent mosquito bites, do:

- ✔ Use repellent
- ✔ Shower or bathe every day
- ✔ Use unscented antibacterial soap
- ✔ Wear clean clothes and socks
- ✔ Wear light color clothes
- ✔ Wear long sleeve shirts and pants
- ✔ Use screens, ceiling fans & AC
- ✔ Use bed nets day & night